

What Is The CCSS(C)?

The College of Chiropractic Sports Sciences (Canada) is the national governing organization for sports chiropractic in Canada.

Chartered as a Specialty College in 1984, the CCSS(C) is an educational & coordinating organization and acts as the regulatory college for chiropractic sports specialists.

Serving elite athletes has led to affiliations with many institutions and associations, including the Canadian Olympic Committee and Canadian Sport Centres. The CCSS(C) along with CASM, CATA, CSMTA and SPC make up the Service Provider Expert Group, advising the COC on healthcare policy development and provider selection for various international games.

For more information on the CCSS(C) and its programs please visit our website at:

www.ccssc.ca



CCSS(C) members have been working with Canada's athletes for over 20 years. Since the 1998 Winter Olympic Games, the CCSS(C) has been part of Canada's Core Health Care Team.

The CCSS(C) strongly believes in keeping the needs of the athlete as our top priority. Recognizing the diverse skill set chiropractors bring to the team environment, many National Sport Organizations are choosing to bring sports chiropractors with their individual teams.

Athletes base a great deal of importance on their health care needs. So do we!

Faster, Higher, Stronger.

What do Sports Chiropractors Do?

Chiropractic Sports Specialists keep active Canadians at their best by treating neuromusculoskeletal dysfunction. Using chiropractic adjustments, soft tissue therapies, modalities and rehabilitative measures, sports chiropractors aim to restore and enhance the body's neuromusculoskeletal system for peak performance.

The human body is considered an integrated system, not a collection of individual parts.

Chiropractic Sports Specialists are experts in the diagnosis and treatment of sport related injury. They are proficient in injury prevention and rehabilitation measures, and have sound knowledge base of return-to-play criteria.



Education & Residency

Doctors of Chiropractic can apply to the CCSS(C) post-graduate sports fellowship program and if accepted, enter into an intensive program which includes practical on-field training, academic focus in sports healthcare, and other related criteria that prepare them to serve as experts in the sports health care system.

Once the program is complete, residents have the opportunity to sit for the Fellowship examination.

If successful, they earn the distinction of 'Fellow of the College of Chiropractic Sports Sciences (Canada)' denoted as FCCSS(C).

Conclusion

Chiropractic sports specialists primarily treat neuromusculoskeletal dysfunction conditions.

They are recognized as the primary providers of spinal and peripheral joint manipulation and adjusting techniques in the world of sports. Chiropractic sports specialists, due to their extensive training and experience:

- ▶ Deal with a wide variety of athletic injuries.
- ▶ Provide the multiple forms or types of treatment & rehabilitation that today's athletes demand.
- ▶ Function in multi-disciplinary sports settings with the other health care providers.



The Last Word

Many of today's athletes utilize a sports chiropractor to prevent injury and to improve biomechanical and neuromuscular function with the ultimate goal of enhancing performance. Postural and muscular imbalances as well as overuse or misuse syndromes may inhibit performance and limit further improvement.

Chiropractic Sports Specialists are ideally suited to help athletes handle these challenges and reach their full potential in today's competitive environment.

The College of Chiropractic Sports Sciences (Canada) is dedicated to the advancement of chiropractic to the highest standards in the evaluation, treatment and rehabilitation of sports related injuries, and to the promotion of chiropractic sports sciences through education, research and professional relations.



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